



WELCOME TO THE HENGILL AREA

HISTORICAL RELICS IN THE VICINITY OF HIKING TRAILS

1. BÚASTEINN, a cliff where Búi Andrésson Ejsufóstri fought Kolviður á Vatni according to the Kjalnesingasaga.
2. KOLVÍÐARHÖLL, a mountain shelter and a guesthouse between 1844 and 1952.
3. RUINS OF A MOUNTAIN SHELTER AT DRAUGATJÖRN pond below Húsmúli. Oldest records date back to 1703.
4. HÚSMÚLARETT, old sheep folds made of stacked lava stones.
5. NAUTARETTIR I MARARDAL, folds which were abandoned before 1860.
6. THE DOORS TO DYRADALUR, where the ancient Dyravegur road passed
7. SPORHELLAN, treaded paths in the turf created by the passing of horses.
8. BOTNADALUR valley, inhabited between 1832 and 1844.
9. 'ÁLFÁKIRKJA' (ELF CHURCH) in Botnadalur.
10. KLEIFARSEL, a mountain hut and grazing huts belonging to Nesjav.
11. NESJAVELLIR, remnants of the oldest farm, built in 1819.
12. NESJAVALLARETT, sheep folds at Nesjavellir.
13. NYJASEL at Seltungur, a mountain hut belonging to Ölfusvatn, last used in 1849.
14. GAMLASEL, a mountain hut belonging to Ölfusvatn.
15. ÖLFUSVATN, the farm of Grimkell the priest Bjarnason.
16. JARÐFASTUR, an inscribed granite rock, and Grimkellsgerði, an ancient fence and the grave of Grimkell, in the land of Ölfusvatn.
17. FJÁRHELLIR of Villingavatn, caves used since time immemorial.
18. SKINNHFUFUELLIR, a cave easternmost in Drattarhlíð.
19. INGVELÐARSEL, a mountain hut belonging to Ulfiðjóttsvatn.
20. MOUNTAIN HUT AT SELFLATIR, last used of the Ulfiðjóttsvatn mountain huts.
21. GRAFNINGSRETTIR sheep fold at Selflati, erected in 1910.
22. MOUNTAIN HUT BELONGING TO VILLINGAVATN in Seldal.
23. BOTNASEL mountain hut belonging to Ulfiðjóttsvatn, southernmost in Seldal.
24. ÖLKELDUHÁLSRETTIR sheep fold erected in 1908.
25. BITRUBÖNDINN, a large cairn at the eastern ridge of Bitra.
26. ORUSTUHÖLL, a tale of a battle in the year 1162.
27. HELLUKÖFINN, a mountain shelter near the old cairned trail over Hellisheidi, erected between 1830 and 1840.
28. ÞRIVÖRDUR, used to be some sort of kilometre markers or yardsticks along the trail.
29. LAGASKARÐSVEGUR an old main road.
30. THE OLD ROAD OVER SVINAHRAUN.

Reserved relics pursuant to the Act on national relics.

HIKING TRAILS

The Hengill area is an ideal outdoors area with numerous interesting hiking trails. Several trails have been marked, and the main ones are listed below. The duration of a hike is based on hiking one way during the summer and a walking speed of 3-4 km per hour.

HIKING TRAILS	Distance	Duration
Dyradalur – Botnadalur	4.5 km	1–1.5 hours
Dyradalur – Engidalur	7.0 km	2–2.5 hours
Dyradalur – Nesjavellir (Dyravegur)	4.0 km	1–1.5 hours
Dyradalur – Sleggjubeinsdalur	13.7 km	4–5 hours
Nesjav. – north slopes of Hengill–Nesjav.	14.4 km	4–5 hours
Ölfusvatn – Hveradalir	20.7 km	5–7 hours
Ölfusvatn – Rjúpnabrekkur (Hvg.)	14.4 km	4–5 hours
Rjúpnabrekkur – Dalskarð	4.0 km	1–1.5 hours

A distinction is made between the different hiking trails, identified in the terrain with yellow wooden stakes with varying colours on top. The colour on the map relates to the colour markings in the terrain. In addition, the map shows marked trails over Hellisheidi. Numerals along hiking trails depict distances from destinations to main stopover locations.

- DESTINATIONS – THE START OF HIKING PATHS
Parking and information boards with maps that show hiking trails around Hengill and the distances between locations.
- PRINCIPAL HIKING TRAILS – BLUE COLOUR
Rather easy hiking trails which lie across the Hengill area and connect destination points and the most interesting stopover points within the periphery of Hengill and Gráningsfjall.
- CONNECTOR PATHS – RED COLOUR
Rather easy and short hiking trails which connect destinations and principal hiking trails.
- STEEP PATHS – BLACK COLOUR
Rather difficult scenic trails which usually pass over steep mountain slopes and the highest mountains.
- EDUCATIONAL PATHS – GREEN COLOUR
Shorter hiking trails with information boards about the nature and history of selected locations.
- CAIRNED PATHS. Cairned trails lie across Hellisheidi from the Landsbjörg mountain shelter. Another is an old trail which goes past Helluköfi and down Hellisskarð. The other goes the shortest way to Skarðsmýrarfjall.
- CROSS-ROADS, guideposts showing distances to the next stopover locations.
- DISTANCES between guideposts in km.
- VIEW PLATFORM is located adjacent to Nesjavallavegur road above the Nesjavallavirkjun.
- SERVICE CENTRES and ski lodges.
Hveragerði also provides a variety of services.
- OPEN HIKING LODGES owned by Reykjavík Energy, at the opening of the Engidalur valley (Múlasel) and in Dalskarð at the end of Reykjadalur valley (Dalasel).
- PRIVATE LODGES, closed houses
- BUILDINGS
- GPS CO-ORDINATES
- NATIONAL HIGHWAYS and other main roads.
- POOR TRAILS, limited traffic or closed trails.

- BOUNDARIES OF MUNICIPALITIES
- BOUNDARIES OF FARMS
- HIGH-VOLTAGE LINES
- HOT WATER PIPE
- INFORMATION SERVICE CENTRES are located at the Hellisheidavirkjun and the Nesjavallavirkjun.
- CAMPING AREAS are located at Ulfiðjóttsvatn and the land of Ölfusvatn. Camping grounds are also located in Hveragerði.
- PUBLIC SWIMMING POOLS are at Ísafoss and in Hveragerði.

- ELEVATION ZONES
 - > 700 m above sea level
 - 600–700 m above sea level
 - 500–600 m above sea level
 - 400–500 m above sea level
 - 300–400 m above sea level
 - 200–300 m above sea level
 - 100–200 m above sea level
 - > 100 m above sea level